



**Sent:** Tuesday, January 9, 2018 11:39:52 AM  
**To:** 'Chris Lindgren'

**Subject:** RE: Deep Apnea

Hi Chris, it is possible for a 2 day to do your off-duty monthly. If you do that, however that if there is a problem I no longer have the right to call the agency on your behalf. But I "get it" as a PTA to travel. The key is whether your headache continues to comply with CACI restrictions (which permit the AME to issue that without an SI).

Yes you do. It is January you will have a month (January is that reasonable month in the February month.)

Keep printing that CPAP use report every 90, and be ready for August whenever they will want to see 90% of night with 14 hour's use. Welcome to the Gulf Airspace.

[

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Tuesday, January 09, 2018 8:41 AM

**To:** 'seemethelabrador' <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Subject:** RE: Deep Apnea

**Good morning,**

Happy New Year! I had a few questions for you.

First, is it feasible to have an AME issue headily do my 6 month check or best to plan for a trip back your way? I assume this check is linked at as a full exam, since my First Class has a six month expiration date. Are there any tests I need to get done prior to the check?

Second, something I come out that way, do we need to wait till February to do the exam? Would a January check still my window back a month? Meaning my next 6 months would expire at the end of July instead of August. And what happens do you have over the next few weeks? Once we determine that then I can start checking affairs.

Thanks and have a good day.

Chris

**On:** [seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)

**From:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Sent:** Tuesday, December 19, 2017 9:17 AM PM

**To:** 'Chris Lindgren'

**Subject:** RE: Deep Apnea

note and comply with the requirement that you keep your SA use report and stay in compliance (9 hrs, >75%). IAA will want the entire year. I suggest you print every 90 days so that if the ship trips out you still have 2700 (unless you have the arrangement where it sends to your 90-91 at BaseMed).

Chris

**From:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Sent:** Tuesday, December 19, 2017 9:18 PM

**To:** 'Chris Lindgren' <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Subject:** RE: Deep Apnea

No. It validates that the certificate I issued you is valid.]

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Tuesday, December 19, 2017 10:02 AM

**To:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Subject:** RE: Deep Apnea

Dr. Chien,

I received the packet from the FAA for there was not a new First Class Cert included. Should there have been? The rest of the paperwork looked like my original SI.

Also, I need to get on your calendar for my check in February. Hopefully I'll be in training at a Regional by then. If we need to adjust the date I'll be your know. But at least I'll have a scheduled date I can tell them.

Thanks and have a great week.

Chris

**On:** [seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Saturday, November 18, 2017 4:20 PM

**To:** seemethelabrador

**Subject:** RE: Deep Apnea

Thank you for your help during this process. I'll send to the copy when I receive it. I'll also take your advice regarding printing the CPAP data. I hope you have a great Thanksgiving and I'll be in next month to schedule my February exam.

1/2

Chris

**From:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Sent:** Saturday, November 18, 2017 2:14 PM

**To:** 'Chris Lindgren'

**Subject:** RE: Deep Apnea

And so we are successful. Your copy of the attached letter contains a First Class Medical Certificate. Annually, we need the 12-month long use report. I believe all persons to print theirs every 90 days so that if you have a date card validity, you will have most of the year.

Would you scan the federally issued certificate if there is one, and of which I don't get a copy for my records.

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Thursday, August 17, 2017 7:42 PM

**To:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Subject:** RE: Deep Apnea

Dr. Chien,

I made a heck. TSA at Offis is late of his, almost missed my flight. I really appreciate all your work through this process. I also enjoyed your new station. You've definitely had an honorable career thus far, and will played with Schauer. Hopefully when I show in February I'll be gainfully employed. Have a great weekend and we'll chat again towards the end of the year.

1/2

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Wednesday, August 16, 2017 1:36 PM

**To:** seemethelabrador

**Subject:** RE: Deep Apnea

1/2

**On:** [seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)

**From:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Sent:** Wednesday, August 16, 2017 4:37 PM

**To:** 'Chris Lindgren'

**Subject:** RE: Deep Apnea

You surely did have hard weapons training (I did not though)

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Wednesday, August 16, 2017 2:34 PM

**To:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Subject:** RE: Deep Apnea

Attached is the IKG while getting the Cardio Referral.

I'll have printed and digital copies of everything.

Copy all. See you tomorrow at 1300.

However, I was an Air to Air guy so I'm not sure what all this Air to Ground lingo is about.

1/2

Chris

**From:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Sent:** Wednesday, August 16, 2017 12:52 PM

**To:** 'Chris Lindgren'

**Subject:** RE: Deep Apnea

1

FOUR rounds in the center target.

1

That is a GP?

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Wednesday, August 16, 2017 2:15 PM

**To:** seemethelabrador <[seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)>

**Subject:** RE: Deep Apnea

SI,

Attached are all the remaining products I received today:

CPAP Compliance Report

Dr. Lander's Connected Letter

Dr. Collins Letter

Updated IAA BSOI, listing added Dr visits and current medication list

The only other thing I am headed to get is the IKG printout from my visit with Dr. Solanki, my GP, from last Wednesday. This was in order to get the Cardio referral.

Please confirm we are a "Go" for the morning.

Thank you,

Chris

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Wednesday, August 16, 2017 10:18 AM

**To:** seemethelabrador

**Subject:** RE: Deep Apnea

I will also resubmit my BSOI as Sunlighting is not a current medication anymore. I'll send you the PDF.

**On:** [seemethelabrador@gmail.com](mailto:seemethelabrador@gmail.com)

**From:** Chris Lindgren <[chris.lindgren@us.af.mil](mailto:chris.lindgren@us.af.mil)>

**Sent:** Wednesday, August 16, 2017 12:48 PM

**To:** Chris Lind

**Subject:** RE: Deep Apnea

SI,

I'm just leaving Dr. Caradisi's office. He corrected the letter and resigned. I have the original. Computer error is what caused the issue last week. That medication does not show up on their system nor any of the MyChart systems I'm able to access. Attached is the letter. I will scan and send the PDF when I get home. I also have the 90-day compliance report. I just want to make sure we're in line for tomorrow.

1/2

Chris

John Arthur Garside, MD	Physician	Signed	Certification	Date of Service: 08/11/17 1030
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To Whom It May Concern:

I saw Mr. Christopher Snodgrass in follow-up of his sleep apnea in the office today. He appears well and has no complaints or daytime sleepiness. His therapeutic download was reviewed. This revealed 100% compliance and an AHI of 3.0. He lacks any signs of physical exam changes consistent with complications from sleep apnea.

He have any questions or concerns regarding his sleep apnea treatment, please feel free to contact me with his permission.

Sincerely,

John A. Garside, M.D.

Assessment/Plan:

Diagnoses and all orders for this visit:

**OSA (obstructive sleep apnea)**

Continue CPAP as currently prescribed.

Subjective:

**Patient ID:** Christopher Snodgrass is a 46 y.o. male.

**HPI:** The patient returns for follow-up of sleep apnea. He has no complaints since he was last seen. Specifically, he denies any daytime somnolence. Review of his therapeutic download revealed 100% compliance. The average pressure was 6. His AHI was 3.0, well within the normal range.

The following portions of the patient's history were reviewed and updated as appropriate:

He has a past medical history of Sleep apnea.

He has a past surgical history that includes No past surgeries.

His family history includes Cancer in his father and mother. Hypertension in his mother.

He reports that he has never smoked. He has never used smokeless tobacco. He reports that he does not drink alcohol. His drug history is not on file.

Current Outpatient Prescriptions

Medication	Sig	Dispense	Refill
• aspirin-acetaminophen-caffeine (EXCEDRIN MIGRAINE) 250-250-65 mg per tablet	Take 1 tablet by mouth.		
• ibuprofen (ADVIL MOTRIN) 200 MG tablet	Take 200 mg by mouth.		
• multivitamin (MULTIVITAMIN) per tablet	Take 1 tablet by mouth daily.		

No current facility-administered medications for this visit.

He has No Known Allergies..

Review of Systems  
As per history of present illness

**Objective:**

Physical Exam

**Constitutional**

General appearance: Appears stated age, normocephalic and atraumatic. Vocalization and voice quality normal for age.

**Ears, Nose, Mouth, and Throat**

External inspection of ears: Normal overall appearance without lesions or inflammation bilaterally.

External inspection of the nose: symmetric and atraumatic.

Otoscopic examination: External auditory canal without inflammation, discharge, lesions, or masses bilaterally. Middle Ear without effusion, mass, or cholesteatoma bilaterally. Tympanic membranes intact without retractions or lesions bilaterally.

Hearing: Clinical speech reception within normal limits.

Nasal mucosa: Normal pink color without polyps identified bilaterally. Septum: Midline without deviation. Turbinates: Inferior - normal size and color bilaterally.

Oral Cavity: Lips, teeth, and gums: Upper and Lower lips with normal color, moist and no cracks or lesions. Dentition in good repair. Gingiva: normal color without lesions. Hard Palate: intact without clefting and no lesions. Soft Palate: Intact, normal mucosal color. Tongue: tongue has normal mobility, color and appearance. Oral mucosa: buccal, labial, lingual, palatal mucosa pink well hydrated without lesions or masses. Oropharynx: pharyngeal mucosa without inflammation, without lesions or masses. Tonsils: tonsils not enlarged or inflamed bilaterally. Tongue base/lingual tonsils are without inflammation or masses. Floor of mouth: normal course of Stenson's duct, no masses.

Hypopharynx: mucosa without lesions, masses or inflammation.

The submandibular glands normal bilaterally. Parotid Glands: normal size, symmetric, no lesions palpated bilaterally. Sublingual salivary glands: normal, were normal

Supraglottis: Epiglottis: Normal. True Vocal Cords: without inflammation, lesions, or masses and normal vocal cord mobility observed bilaterally. False Vocal Cords: no abnormal movements observed bilaterally. Arytenoid Cartilage: no arytenoid edema and no erythema of arytenoids.

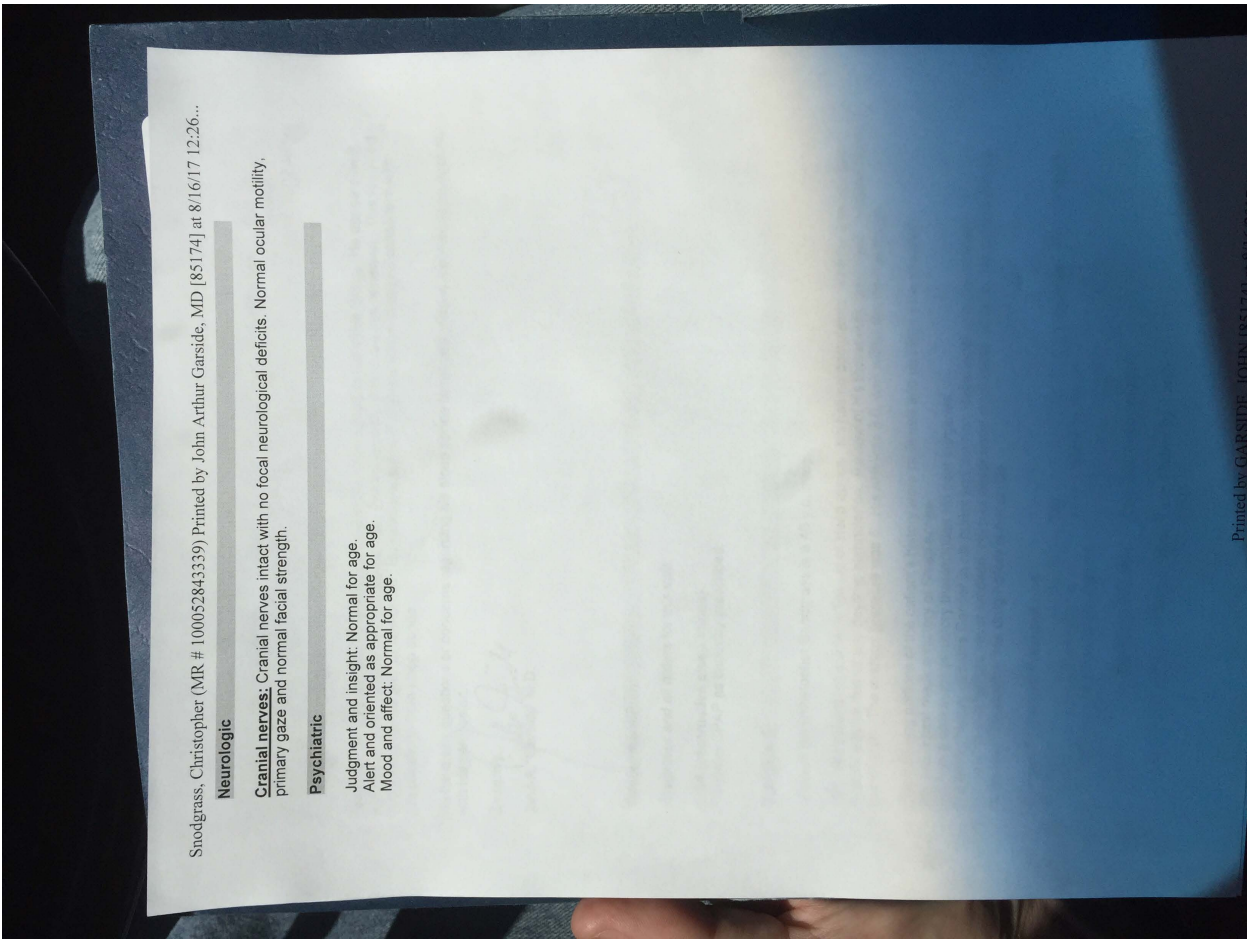
**Neck**

Neck: Normal appearance without obvious scarring or asymmetry.

Thyroid: Thyroid not enlarged, no palpable nodules or tenderness.

**Lymphatic**

Palpation of lymph nodes in head and neck: Left: Normal. Right: Normal.



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From: Bruce Chen <[bruce.chen@mdanderson.org](mailto:bruce.chen@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 8:31:57 PM  
To: Chris Snodgrass  
Subject: RE: Sleep Apnea

Get Celine saying that it is not an active medication. It's a very final. This is literally break or bust for your certification, Chris.  
This is done by certification. Celine does not address sample. I'd like to know that you do NOT have ACCESS TO SUPERSTRETCH and Garside as it's fine. Get that retraced ON PAPER. This is about DOCTOR TESTIMONY.  
Get for done. Or it will be a non-appointment. I can not in the hall of leading visitors to dental. Oh-oh.

Good nuclear run, Chris @  
Bruce

From: Chris Snodgrass <[Chris.Snodgrass@mdanderson.org](mailto:Chris.Snodgrass@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 7:20 PM  
To: Bruce Chen  
Subject: RE: Sleep Apnea

Hi,  
I received your email. I need to clarify the issue regarding the Sumatriptan, which is the medication Dr. Collins prescribed in May. Currently I do not have any active prescription for Sumatriptan or any other medication. I have documented the matter in the attached Memo for Record.  
Following my Stress Test I went to speak with Dr. Collins regarding the situation. He will write a letter discussing the Sumatriptan issue and will clarify the letter regarding any neurological issues. That should be received tomorrow.  
I will obtain a current printout of my CPAP data which will show 100% compliance over the past 90 days.  
Finally, the Nuclear Stress Test was completed. I walked for 10 minutes, a workload of 12 mets and achieved a max heart rate of 186 with no issues. Dr. Neri, the Cardiologist, assessed all results were normal. The documents for the Stress Test are attached.  
As I have tickets in hand to fly out Thursday, I would request you reconsider our scheduled appointment.

Y@  
Chris

From: Bruce Chen <[bruce.chen@mdanderson.org](mailto:bruce.chen@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 6:29:46 AM  
To: Chris Snodgrass  
Subject: RE: Sleep Apnea

This is not going to work, Celine's note was submitted on records. Since then you have had an "TAA CHANGE OF STATUS" as he's added Sumatriptan. The TAA logs are going to say WTF is really happening here?  
And I say, this is the trouble with the "TACT MINUTIST" changes you are making. If you have an active Rx for Sumatriptan, someone has to say (one of your treating physicians) HOW MANY TREATABLE HEADACHES YOU ARE HAVING A YEAR (e.g. one per quarter, etc. or you DON'T GET THE "X" You'll be "terminated" or denied. Get it?  
You are having mild headache 2-3 times per week... unless you take something. I don't know if it's a concern for TAA, but I'm not sure it's not an adequate time base for determining if you make the less than one per month "winding Sumatriptan" criteria for the granting of a Migraine St. Yeah I saw the head scans.  
\*\*\*\*  
Your choices are to postpone for at least 60 days and show that during that period you only used 1 Sumatriptan (you can't just wait one month for this), or have the records reflect a 2 per week treated with Sumatriptan.  
Right now you cannot be certified.  
What does not exist in ANY of your letters: How many times a month (track record) do you use Sumatriptan for a headache. You can't pretend that in one month or even in 3 weeks. So it can't exist in your records; legitimately even if it does show to try to address that.

Bruce

From: Chris Snodgrass <[Chris.Snodgrass@mdanderson.org](mailto:Chris.Snodgrass@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 11:11 AM  
To: Bruce Chen  
Subject: RE: Sleep Apnea

Yes, that was prescribed last week when I mentioned to Collins I didn't like the previous Inbrev variant he prescribed. He switched it to this. If I haven't used it and Collins is recommending just using OTC, why would that be an issue? Just trying to work the problem and get you what is required.  
Thanks.

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From: Bruce Chen <[bruce.chen@mdanderson.org](mailto:bruce.chen@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 12:46:46 PM  
To: Chris Snodgrass  
Subject: RE: Sleep Apnea

For had action at AA, Chris, and your relative compression of the time cycle forcing the upcoming visit denies me the ability to review your staff in an organized fashion.  
ARE YOU (DR ARE YOU NOT) with a current Sumatriptan Rx? (200mg W/ 100mg/100)

Bruce

From: Chris Snodgrass <[Chris.Snodgrass@mdanderson.org](mailto:Chris.Snodgrass@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 12:46:46 PM  
To: Bruce Chen  
Subject: RE: Sleep Apnea

That need is based on Collins' fax. It's under the medication list. It requires another MRI then I'll get it pulled and both Collins' letter and Garside's recommendation. I haven't even picked up the prescription. He changed it because I didn't like the Inbrev variant he prescribed in May.  
Was that work?

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From: Bruce Chen <[bruce.chen@mdanderson.org](mailto:bruce.chen@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 12:50:46 PM  
To: Chris Snodgrass  
Subject: RE: Sleep Apnea

It's like Sumatriptan is a current med. That would demand the 10 for migraine headache which calls out a one time MRI of the brain and a neurologist's essay including a good neuro exam and a good medical description of the headache. I thought we weren't going in that direction...  
You need that certified and a medical copy for that note to be of use. And we need this note.  
Otherwise this doesn't go... see Collins' (8/15/17), this date is NOT in Collins' letter so either you think I AM going to believe?

Bruce

From: Chris Snodgrass <[Chris.Snodgrass@mdanderson.org](mailto:Chris.Snodgrass@mdanderson.org)>  
Sent: Tuesday, August 15, 2017 12:51:46 PM  
To: Bruce Chen  
Subject: RE: Sleep Apnea

I have about to call them and they called me. They found the letter and it's attached. Let me know what else we might need with this issue, besides the compliance report from the machine which I'll get tomorrow.

Thanks,  
Chris



From: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Sent: Tuesday, August 15, 2017 12:42:46 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

Nothing...

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Tuesday, August 15, 2017 9:02 AM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Good morning,

Steve Test is back at 1245. I'll send a follow-up note that is done. The doc should review it this afternoon.

Did you receive anything from Dr. Garcia regarding the Apnea letter? I've not seen anything yet. I have a call into his office.

As for the EEG, do you need that digitally or a print-out from their machine?

Thanks,  
Chris

From: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Sent: Friday, August 11, 2017 2:57:42 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

I'll let you know when I have it.

0

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Friday, August 11, 2017 3:05:46 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Just with Dr. Garcia went well. 98% compliant for the past 90 days. He will finish with the requested letter and email that to you. Have a good weekend.

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From: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Sent: Thursday, August 10, 2017 8:26:15 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

get > |

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Thursday, August 10, 2017 7:29 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

The Glucose is on page 5 of the scan I sent. She had to order a whole panel vs just a individual glucose test as it raises less questions with the insurance company.

I will go by the office and discuss what products you need. They should be able to transmit them electronically or burn it on a CD and I'll bring it with.

As for the Sleep Doc, I have that appointment tomorrow. I'll ensure he does the required letter. I also spoke with the Med Equipment company that handles the CPAP machine data. I will upload the latest batch next Thursday morning and then they will download and email the final CPAP data, which should arrive before I do. On track for 100% compliance over the past 90 days.

Thanks again and have a good weekend.

Chris

From: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Sent: Thursday, August 10, 2017 9:40:26 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

I don't see the glucose in there...

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Thursday, August 10, 2017 9:39 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Attached are the lab results from yesterday.

0

Chris

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Thursday, August 10, 2017 1:46:26 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Good afternoon,

Here is the latest. Appointment just completed with the cardiologist. My cholesterol is a little elevated but not to the point medication would be required. My EKG from yesterday was normal. I'm scheduled for a Sleep Test on Tuesday. He will be in that afternoon, will review the results and forward her report to you. Based on everything seeming to line up, are we still a "go" for next Thursday's appointment at your office? Obviously if the Sleep Test comes back with something we'll adjust then.

Thank you for your help and have a good weekend!

0

Chris

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From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Wednesday, August 9, 2017 10:24:48 AM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Update,

No issues noted on the EEG. Bloodwork should return later today. I have an appointment tomorrow with a Cardiologist, who can then order the Sleep Test. First available for that looks like Wednesday next week, but I was told I might be able to get it done sooner through the hospital. Let me know if I'm missing anything.

Thanks,  
Chris

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From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Wednesday, August 9, 2017 9:33:38 AM  
To: Chris Longstaff  
Subject: Re: Sleep Apnea

Bloodwork will be done this morning.

My GP is doing a basic EEG and will refer me to the Cardio department next doc. Not sure availability for a Sleep Test but I'll know after this appointment.

Chris

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From: Bruce Chen [Bruce.Chen@neurologist@neurologist.com](mailto:Bruce.Chen@neurologist@neurologist.com)  
Sent: Tuesday, August 8, 2017 11:57:28 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

Hi doc - Hi hi -

You made it!!!!

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Tuesday, August 8, 2017 7:51 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Hi,

Attached is the HIPAA form. I included her fax number on the letter under the address.

On the request letter I'll put line to include my next job change Captain to USCG.

Thank you for your help and I agree, getting older sucks!

0

Chris

From: Bruce Chen [Bruce.Chen@neurologist@neurologist.com](mailto:Bruce.Chen@neurologist@neurologist.com)  
Sent: Tuesday, August 8, 2017 6:25:28 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

Sigh, when the HIPAA to me.

Please advise Dr. Sisk's test for me.

I'll copy you on the sub - the doc letter - the signed HIPAA.

Getting older really sucks.

Bruce

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Tuesday, August 8, 2017 7:51 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Hi,

Steve Test is back at 1245. I'll send a follow-up note that is done. The doc should review it this afternoon.

Did you receive anything from Dr. Garcia regarding the Apnea letter? I've not seen anything yet. I have a call into his office.

As for the EEG, do you need that digitally or a print-out from their machine?

Thanks,  
Chris

I'll let you know when I have it.

0

Chris

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Tuesday, August 8, 2017 2:07 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

I remember the EE doc evaluating me for cardiac disease. exam and EKG but all results were normal. I don't know easily or have any symptoms or any other signs of cardiac disease. I am unaware of ever having hypertension nor has any doctor ever mentioned I had this. No doctor has ever determined I have a clinical neck issue. The June 2016 MRI found mild bilateral neurovascular crowding at C5-6, but Dr. Collins noted there was no evidence of radiculopathy on my cervical spine MRI.

I have more done a stress test and I've had the doctors recommended or mentioned I needed one. Also, I have done PMS workout system and had no problems.

I'm not sure where I need to go from here. Please advise.

Chris

From: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Sent: Tuesday, August 8, 2017 1:46:40 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

This is "VERY NOT GOOD" for certification. You can't have a tingling or numbness in an upper extremity. It contraindicates the possibility of neck impairment.

Hypertension.

Obstructive Sleep Apnea.

all of which are grounding...

So when's the last time you rest a stress treadmill?

Bruce

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Wednesday, August 9, 2017 6:26 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Sounds good. I'll go over and pick everything up prior to flying out. I'll also bring the most recent CPAP readout from the machine. I'll talk with you next week.

Thanks for everything.

Chris

Get [Quicken for PC](#)

From: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Sent: Wednesday, August 9, 2017 7:52:26 PM  
To: Chris Longstaff  
Subject: RE: Sleep Apnea

and Bruce, too, and we'll send copies of their office records, prior to the flight physical.

From: Chris Longstaff [Chris.Longstaff@neurologist.com](mailto:Chris.Longstaff@neurologist.com)  
Sent: Wednesday, August 9, 2017 6:49 PM  
To: [arremediation@neurologist@neurologist.com](mailto:arremediation@neurologist@neurologist.com)  
Subject: Re: Sleep Apnea

Good you received the documents and things look good. Are there any further tests or appointments I should schedule before coming out to see you? Next on my calendar is the Neurologist next Tuesday, followed by the Sleep Doc next Friday.

Thanks,  
Chris

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From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Saturday, June 17, 2017 8:47:47 AM  
To: Inside  
Subject: Re: Sleep Apnea

OK thanks. Flight is booked. Have a good weekend.

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From: Arnold <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Saturday, June 17, 2017 5:45:58 PM  
To: Chris Dredgen  
Cc: Inside  
Subject: Re: Sleep Apnea

An hour...

Please excuse Carmel...igh.

On Jun 17, 2017, at 9:29 AM, Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)> wrote:  
Thanks for the info. How long should I plan for the appointment? Looking to come into O'Hare.  
w/  
Chris

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From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Friday, June 16, 2017 4:42:19 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

I've got you set, here for Aug 17 at 11:00 AM. Remember, this will be at the Bolognini, 6, Suburban Chicago office, 166 S. Clear Mt Parkway, Ste 1, Bolognini, IL 60060. Tel and email are unchanged.

Bruce

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Friday, June 16, 2017 9:44 AM  
To: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

Dr Chen,

Just over one month in, 15/320 days compliant with that single short day on May 30th. I wanted to confirm the date and time for the appointment in August so I can work on getting my plane ticket and car reserved. Last you mentioned was Aug 17th at 11:00am. Please confirm and I'll coordinate from there.

Thanks and have a good weekend,  
Chris

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Wednesday, June 7, 2017 5:59:49 PM  
To: arnold@chicagobus.com  
Subject: Re: Sleep Apnea

OK, I thought I was losing my mind for a second! Yes, a 22 day report is worthless, but my plan is to have 90+ days with 100% compliance. It's kinda like in the movie Airplane. "Sugar. Hub? What's our vector Victor? Roger. Hub? Over. We have clearance Clearence. Roger, over. Hub?"  
w/  
Chris

From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Wednesday, June 7, 2017 5:44:51 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

Ah. Good for clarity. 2,12,2 do make 4 hours. I had Reported 12.

That's why I said that 90 days will be accomplished on 6/12/2017.

But that is not a 30 day report. That is a 22 day report. I  
As my old boss would say to me, "sorry not".

—ditch hugh—

Bruce

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Wednesday, June 07, 2017 4:52 PM  
To: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

I agree there are 22 days of use. In your email you wrote "12 night's of use. 12 of 22 over 4 hours." That's where the confusion came from. I can't figure out how only 12 of the 22 are over 4 hours, and thus compliant. I only note 1 of the 22 of the 4 hour mark.

From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Wednesday, June 7, 2017 2:42:47 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

In your first diagram of hours vertically over each night there are 22 bars. Count? Yes, Chris.

And, on the bar chart, they count from the End Bar. There are 9/27 30 bars there....

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Wednesday, June 07, 2017 2:07 PM  
To: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

I took a look again and I guess I'm not understanding how they'd interpret the data. I attached the same diagrams and marked what I was referring to. I just want to make sure I'm on the same sheet of music with you. I agree with the 22 days, just not sure where you got 12 compliant days.

Thanks,  
Chris

From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Wednesday, June 7, 2017 2:08:17 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

I counted 22 bars, exactly as the DSM would. See 4th or 5th

Get with the program. Clearly you want to pass....

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Wednesday, June 07, 2017 3:45 PM  
To: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

Just wondering where you're pulling the 12 of 22 from. The only day I see less than 4 hours is on the 30th. All others are over 4. Looking at page 13. Just curious.

w/  
Chris

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From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Wednesday, June 7, 2017 3:58 PM  
Subject: RE: Sleep Apnea  
To: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Subject: Re: Sleep Apnea

22 night's of use. 12 of 22 over 4 hours.

Keep holdin' it. :)

Bruce

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Wednesday, June 07, 2017 3:55 PM  
To: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

Doc,

Here is the data report from yesterday. It shows the last 30 days.

w/  
Chris

From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Tuesday, June 6, 2017 6:54:43 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

It's check arrived, thank you.

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Tuesday, June 16, 2017 5:45 PM  
To: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

Sounds good. For now we'll keep the status quo.

Thanks,  
Chris

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From: arnold@chicagobus.com <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Tuesday, June 6, 2017 7:06:36 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

Good progress, Chris.

You should also know, however that DSM notes jaw advancement devices. There is no usage monitor so they can't tell if you're using it or not. So, they become very precious about the letter from the sleep doc. I do have a few on that it's an annual battle.

Fortunately, it almost better to shed a few pounds, get a great year's study showing no sleep apnea at all, and then eventually get off the device all together.

Dr B

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Tuesday, June 16, 2017 5:52 PM  
To: Bruce Chen <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Subject: Re: Sleep Apnea

Dr Chen,

I had a very good visit with the Sleep Doc. He doesn't understand why I'm even on a CPAP given the readings from my sleep study. It's quite odd by apnea standards. He said my current AHI readings look good and to continue with the pressure settings I have.

I indicated that we need to do so for August. There is a follow-up appointment with him on August 15th. Then I'll have him generate the compliance letter and send it to you. I'll bring the most recent Data Report to our appointment on the 17th.

Following all of this he recommended trying to transition to an oral device and get away from the CPAP machine. But we'll wait that until the dust settles.

Tommorrow I'll email you a copy of the current Data Report for your records. If you need any other information, please let me know. It's also need to know what additional documentation I should bring for my appointment. My full eye exam was done a few weeks ago.

Thanks,  
Chris

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From: Bruce Chen <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Tuesday, June 6, 2017 5:34:46 PM  
To: Chris Dredgen  
Subject: RE: Sleep Apnea

Got it

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Tuesday, June 06, 2017 5:34 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Dr Chen,

Attached are the Sleep Study reports from Nellis in 2015. If you have any questions, please let me know.

w/  
Chris

From: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Sent: Saturday, June 3, 2017 7:45:44 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Well our dog is diabetic and blind, so it couldn't hurt. I'll plan for the 17th and will talk with the Sleep Doc about the letter requirements. Thanks again. Talk with you this next week.

Chris

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From: Bruce Chen <[arnold@chicagobus.com](mailto:arnold@chicagobus.com)>  
Sent: Saturday, June 3, 2017 7:31:36 PM  
Subject: Sleep Apnea  
To: Chris Dredgen <[chris.dredgen@chicagobus.com](mailto:chris.dredgen@chicagobus.com)>  
Subject: Re: Sleep Apnea

The following is said with a sense of humor, because you will sign an affidavit of use while here. For God's sake, connect up the SDG to the mask if you have to but SAM the next 71 days.

Thursday the 17<sup>th</sup> at 11:00 AM is at the Bolognini office, 166 S. Clear Mt Parkway, Ste 1, would be the appointment. Can you make that work?

Remember you also need a letter from your PCP that we do things:

Apnea will not

No compliance of device usage

Compliant by history with CPAP



No even findings on physical exam, all right heart failure.  
It all has to come together on the 12<sup>th</sup> for this to be a "get".

Bruce

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Tuesday, June 05, 2017 1:03 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Dr. Chen,

Glad it got there finally. Must have gone by Tracy Express.

The re-start of my oxygen was on 15 May. Since then I've been using it every night with just one night (18 May) falling short of the 6-hour requirement. Average for the past 19 days is 7.75 hrs per night. I see the Sleep Doc on Tuesday and will get his recommendations.

If possible I'd like to try and shut for the week of 1st Aug. I'm currently scheduled to take the ATP-CTP course the following week at Delta's Training Center in Atlanta. The next class after that is not until the third week of September. If there is no way to move things up please let me know. In missing the class from June to August I filled the last available slot.

I'll forward more of my records on Monday and will let you know what comes of Tuesday's Doc visit.

Thank you,  
Chris

From: Bruce Chen [mailto:[bruce.chen@us.af.mil](mailto:bruce.chen@us.af.mil)]  
Sent: Tuesday, June 5, 2017 5:04 PM  
To: Chris Soudgren  
Subject: Sleep Apnea

Chris, your stuff arrived.

I'd guess that from May 24 to June 3 (10nights) that you have 7 hours on all 30 days. That puts you at 80 days short of "90 days in good exams compliance" or with a target date of August 23 for certification. With the civil authorities, you really only want to do what has worked in the past, since you have a "new style" spec letter ("cumulative annual PAP report that shows..." in which they demand 360 days with > 4 hours and > 75% of nights.

The problem is, if we go with this, and ensure you, they will lose a refraction and then you will have to do primary LA certification again or the form will be "We are withdrawing our Special Issuance Authorization..." (big, red ink it for consequences)

There are two more factors at stake.

Now, I could argue that your difficulty was due to not being on ATP (not paid), and go with 30 days, but the AME in the field is NOT authorized to issue you given the known standards. Then, as you are not yet a member under DSR, Arnes can call for later date approval/extend if you are A063450 in part 133 (member services), we would have to wait for them to act on your 30-day file and they could deny anyway, and then we start over.

I recommend ignoring Aug 24 as being good as in your First Class issuance date. If you can keep doing 7 hours and NOT MISS A NIGHT or maybe ONE or THREE, I'm quite certain a Refd issuance under you 2013 letter of authorization will be upheld even though you cannot demonstrate meeting the 270/360 days showing 6 hours or more per night criteria are met. (which is the demand standard expressed in the cumulative annual PAP report that shows..." in your OIA specifications letter Aug 18 061 80 SUSTAINED) if you can maintain usage through then, despite not meeting years.

It's a wonder what the subpage writing can do for you. And they will simply NOT continue to "wait" until "meeting compliance" notice. I would never mention that. The would-be incident is to ensure an airman who does not demonstrate subordination to the Authorization animates determinations on his own. If you are "command grade" in your current situation, you should hesitate with such a "leadership grade" officer. AAA is no different.

Dr. Chen,

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Friday, June 02, 2017 1:26 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Dr. I'm telling those by Monday I'll cancel that check and resound everything. I have no idea why it would take this long. And I could have things which was more than enough for it. I'm sorry for the delay. I'm not in the government anymore so I can talk but about them.

ok  
Chris

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From: Bruce Chen [mailto:[bruce.chen@us.af.mil](mailto:bruce.chen@us.af.mil)]  
Sent: Friday, June 2, 2017 6:20:30 PM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

Nothing today.

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Friday, June 02, 2017 7:23 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Did you receive the check and info today? I know the USPS was slow but good grief. I have a good weekend.

Chris

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From: Amanda [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Wednesday, May 31, 2017 9:46:26 PM  
To: Chris Soudgren  
Cc: Amanda  
Subject: Re: Sleep Apnea

Nothing yet, Chris...

Please excuse Carmel...ugh.

On May 31, 2017, at 8:22 PM, Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)] wrote:

Good evening,  
I'm just checking that you received my check in the mail.  
(Thanks,  
Chris

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:07:40 PM  
To: amanda@us.af.mil  
Subject: Re: Sleep Apnea

Sound good. From what I started things back up with the CPAP, the week of 13 August looks like the target window to hit the 90-day mark. I'll keep track of my progress and give you updates every few weeks. I'll also shift my ATP-CTP training to the latter part of August. This was everything can be in place to start submitting applications by September.

Over the next week I'll dig through our moving boxes and find my med records. Once I do I'll email a copy of the Sleep Study information from the Air Force.

Thanks again for your help. Looking forward to getting this solved. Have a good Memorial Day weekend.

Chris

From: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:23:14 PM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

would prefer you did it here so that when the agency calls to update me for stretching AME authority, it's a guy who has agreed to the "substantially better than minimum 90-day compliance report". If after July 20, the worst we'd be at is being told, 6, 1475 1's Close Off Pathway for 1, 40986, prior to that it would be in Points, 6, at 1200 W Bird Blvd 08215.

Bruce

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 3:17 PM  
To: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Subject: Re: Sleep Apnea

I can definitely do that. I'll continue the protocol I'm doing now and then five have it with the Sleep Doc in June. Would I still come out to Chicago for my First Class Flight Physical or get it done here with your inputs to that Doc?

Thank!

From: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:13:17 PM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

As it means you have to have only good data for 90 days, 90 DATES, at a round day of data use, then those will cover 75% of nights compliance.  
The new interpretation I receive further says you may, but better not, just 90%  
in the 90 days, you can just use use a 24000 report and 24000 report check at least 4-6 months of use  
I have other medical officers to question to ensure to have that. Dr. Monney may have a different experience.

Can you back that?

Bruce

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:24 PM  
To: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Subject: Re: Sleep Apnea

So the "Year's Worth of Data" issue can be worked? And your saying I show coverage up to Missouri to get set up with him for the First Class Checkup?  
Also, does anything get sent to OIC or is it just maintained at the AME level?  
Thank!

From: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Thursday, May 25, 2017 11:46:11 AM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

Editor has already sent for "see May" (it didn't receive of the AME's issuance that contradicts the "If you have 90 days' data (90th single margins above 6 hours, and 75% of nights), and a good current status" saying the 4 things I'll write you due as to that, send his full name, address, phone and a working fax #, and we can do this.

?

Bruce

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:46 PM  
To: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Subject: Re: Sleep Apnea

Here is what the FAA sent.  
Thanks.

From: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Thursday, May 25, 2017 11:46:04 AM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

If you have 90 days' data (90th single margins above 6 hours, and 75% of nights), and a good current status, and if your 2 authorization letter expires AFTER 06/30/2018 (bold face, end of third paragraph) we can issue that in the office and it will be sustained.

Send your Auth letter!

Along "No further delay?" for this case.

Bruce

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:46 PM  
To: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Subject: Re: Sleep Apnea

As I did not. So we'll need to get the 90-day case built and then please "Mother May"?? I would think there is some process to get renewed.

From: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Thursday, May 25, 2017 11:47:04 AM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

Okay (see 6/7/15 in special issuance, did you receive it 6/20/17 (it looks like you did not).

If you did not, you ARE owed in the matter....

Bruce

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:46 PM  
To: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Subject: Re: Sleep Apnea

30 Jul 71

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From: amanda@us.af.mil [mailto:[amanda@us.af.mil](mailto:amanda@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:46 PM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

Chris send your DSR and let me look up your certification profile!

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 1:46 PM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

I had one additional question. Am I basically dead in the water until this gets resolved, even as it applies to a Third Class Medical Card? I am wanting to get some flying time prior to some training I have scheduled at the end of June. I know I can fly with an F for the up-up flights, but I don't believe I can log PIC time without the medical. This thought?

Thanks,

Chris

From: Chris Soudgren [mailto:[Chris.Soudgren@us.af.mil](mailto:Chris.Soudgren@us.af.mil)]  
Sent: Thursday, May 25, 2017 9:34:24 AM  
To: Bruce Chen  
Subject: Re: Sleep Apnea

Dr. Bruce,

I made out the check today. I included some of the CPAP reports. I can generate with the CPAP card reading software I have. I'll get the sleep study reports and official CPAP card report to you over the next week or so. I'll just call and email those. If you have any questions please let me know. Thank you for your help and have a good Memorial Day weekend.

ok

Chris

From: Bruce Chen [mailto:[bruce.chen@us.af.mil](mailto:bruce.chen@us.af.mil)]  
Sent: Wednesday, May 24, 2017 1:24:36 PM  
To: Chris Soudgren  
Subject: Re: Sleep Apnea

Yes.

Or you can scan the documents to 200 dpi PDF and email them.

(Documents unsecured by an account are held for 14 days in an auto-delete queue)

\$180, correct? And would you like me to mail copies of the documents I currently have?  
Thanks,  
Chris

Bruce B. Chien, M.D., M.Sc.

De Chien

**Example**

I don't know what Dr Mooney charges, but he is knowledgeable by reputation. ☺

Just found the list. There is an HIMS AME locally, Dr Mooney. I'll give their office a call tomorrow. Thank you again and have a good week.

Chris

Ok this

Cell 9

Chris, who to retain is up to you. I do, do support frequently from Mar.  
 (I exclude you £180 for the cost of support)

**Keywords:**

Also I

**Editor:** Chris Sowa

Dr Chien,

Get [Google](#)

Chris, the REQUIREMENTS (not guideline)

If I understand correctly you have already let CAMI know you have the diagnosis.

The standard is the SAMG for all classes of certificate

Would you say height and weight for me?

(P%, was 940-613-2472, you?)



<http://www.personaltrainer.com/how-to-quit.htm>

Use your free GoDaddy Email Marketing Starter account to follow up with contacts who agreed to receive email campaigns! Click [here](#) to get started.

This email has been checked for viruses by AVG antivirus software  
[www.avg.com](http://www.avg.com)